

**Aquatics Center Schedule
June 1, 2017-August 15, 2017**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-9am	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim		
9-11am	Fitness Swim/ Aquatic Programming	Fitness Swim/ Parent and Child Swim	Fitness Swim/ Aquatic Programming	Fitness Swim/ Parent and Child Swim	Fitness Swim/ Aquatic Programming	Fitness Swim <i>(Opens at 7am)</i>	
11am-1pm	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Member Swim	
1pm-4pm	Youth Community Swim	Youth Community Swim	Youth Community Swim	Youth Community Swim	Youth Community Swim	Member Swim	Member Swim
4pm-6pm	3pm-4pm Aquatic Programming & Open Member Swim	Open Member Swim	3pm-4pm Aquatic Programming & Open Member Swim	Open Member Swim	3pm-4pm Aquatic Programming & Open Member Swim		Member Swim/ Fitness Swim <i>(Facility closes at 5pm)</i>
6pm-8pm	Fitness Swim/ Aquatic Programming	Fitness Swim/ Aquatic Programming	Fitness Swim/ Aquatic Programming***	Fitness Swim/ Aquatic Programming	Member Swim		
8pm-9pm	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Member Swim		

Definitions

Fitness Swim: Lap swimming, Water Walking, and Water Exercise for Adult Members.

Aquatic Programming: Aquatic Classes, Swim Team, Swim Lessons, etc.

Open Member Swim: Includes Parent/Child swim, Fitness swim, and Youth swimming (ages 10 and above). Slide will not be in use.

Member Swim: Open swim time for Y members, youth and adult. Play features will be in use.

Parent/Child Swim: Child must be accompanied by a parent or grandparent. It is the lifeguard's decision as to whether or not the guardian should be in the water within arm's reach.

*For a schedule of aquatic programming visit us online at www.ymcasemo.net

**Summer Swim Team will be going on through July 14th. Monday-Friday 7:15-8:45am & Monday-Thursday 6-8pm there will be at least one lane available for fitness swimmers.

***Member Swim will resume on Wednesday's 6-8pm after Swim Team ends July 14th.